

	Date	Activity / Options	Where		Difficulty	Time	Leader
Thursday	<b>10/6/22</b>	Morning Trail Run	<b>Gemini Bridges - Bull Canyon - Four Arches</b>				
		Afternoon Trail Run - depart camp 13:00	<b>Fins and Things</b>	<a href="https://www.trailsoffroad.com/trails/5">https://www.trailsoffroad.com/trails/5</a>	<b>4</b>	4 hours	Dave P.
Friday	<b>10/7/22</b>	Easy Trail Runs	<b>Long Canyon + Potash Road</b>	<a href="https://www.trailsoffroad.com/trails/1">https://www.trailsoffroad.com/trails/1</a>	<b>3-4</b>	4-6 Hours	
		Moderate Trail Run	<b>Sevenmile Rim</b>	<a href="https://www.trailsoffroad.com/trails/4">https://www.trailsoffroad.com/trails/4</a>	<b>4-5</b>	6-8 Hours	Dave P.
		Challenging Trail Run	<b>Gold Bar Rim and Poison Spider</b>	<a href="https://www.trailsoffroad.com/trails/5">https://www.trailsoffroad.com/trails/5</a>	<b>6-8</b>	3 hours	<b>TBD</b>
				<a href="https://www.trailsoffroad.com/trails/5">https://www.trailsoffroad.com/trails/5</a>	<b>5-8</b>	4 - 5 hours	<b>TBD</b>
Saturday	<b>10/8/22</b>	Easy Trail Run	<b>???</b>				
		Moderate Trail Run	<b>Dome Plateau</b>	<a href="https://www.trailsoffroad.com/trails/5">https://www.trailsoffroad.com/trails/5</a>	<b>5</b>	6-8 Hours	Dave P.
		Challenging Trail Run	<b>Top of the World + Rose Garden Hill + Onion</b>	<a href="https://www.trailsoffroad.com/trails/6">https://www.trailsoffroad.com/trails/6</a>	<b>6-8</b>	4-6 Hours	<b>TBD (John?)</b>
				<a href="https://www.trailsoffroad.com/trails/5">https://www.trailsoffroad.com/trails/5</a>	<b>6-8</b>	3 Hours	
Sunday	<b>10/9/22</b>	Departure for most					
	Options for	National Park of your choice drive through.					
		Quicker way to Denver via 191 to I70					
		Scenic Route to Denver along the Colorado River					